



# Instructional Video Design Worksheet

One worksheet per video. If creating a micro-video series, use one worksheet for each video in the series.

<b>Title of Video and Topic:</b> ___ Micro-video Series <u>  </u> <b>X</b> Tutorial    ___ Training    ___ Screencast    ___ Presentation/Lecture	
<b>Grade or Target Age Group Level:</b> anyone who is performing childcare with pre-school-aged children or older	
<b>Video Duration</b> ( <i>Maximum 5 minutes, if creating a micro-video series, series must not exceed 5 minutes</i> ): 3:34	
<b>FCCLA Integration</b> ( <i>National Programs, Competitive Events, Meetings/Events, if applicable</i> ): Shown to teachers during their plan period on our work day, as well as Student Body National Program	
<b>Video Learning Objective(s):</b> Show a simple puppy chow recipe to anyone who is providing childcare to a pre-school age child or older	
<b>National Family and Consumer Sciences Standards (or others as appropriate):</b> 4.4.4 Plan safe and healthy meals and snacks that meet USDA standards. 8.2.5 Practice standard personal hygiene and wellness practices	
<b>Career Readiness Practices (Select all that apply):</b>	
<input type="checkbox"/> Act as a responsible and contributing citizen and employee <input type="checkbox"/> Apply appropriate academic and technical skills <input type="checkbox"/> Attend to personal health and financial well-being <input checked="" type="checkbox"/> Communicate clearly and effectively and with reason <input type="checkbox"/> Consider the environmental, social and economic impacts of decisions <input checked="" type="checkbox"/> Demonstrate creativity and innovation <input type="checkbox"/> Employ valid and reliable research strategies	<input type="checkbox"/> Utilize critical thinking to make sense of problems and persevere in solving them <input type="checkbox"/> Model integrity, ethical leadership and effective management <input type="checkbox"/> Plan education and career paths aligned to personal goals <input checked="" type="checkbox"/> Use technology to enhance productivity <input checked="" type="checkbox"/> Work productively in teams while using cultural global competence
<b>Materials Needed to Create Video:</b> Ingredients- Rice Chex cereal, chocolate chips, peanut butter, and powdered sugar Utensils- Large mixing bowl, small bowl, wooden spatula, gallon bag, and wax paper Other materials- phone, laptop, Cap Cut, and Canva	



<p><b>Instructional Strategies:</b></p> <p>How to easily make puppy chow when providing childcare with younger children.</p>
<p><b>Key Topic/Step 1:</b> Start of recipe <b>Timeframe:</b> 0:02-2:18 <b>Storyboard/Scripting (media/images/notes):</b> "Sissy, I'm very hungry. Are you hungry? Well, I have the perfect recipe, but we need to go watch this video. Okay, let's go! To start, you will add 8 cups of Rice Chex cereal into a large mixing bowl. You will then melt 3 cups of semi-sweet chocolate chips along with 1 cup of peanut butter into a small microwave-safe bowl. Once you have completed this, you will stir together the cereal and chocolate mix until all the cereal is evenly coated with the chocolate mix."</p>
<p><b>Key Topic/Step 2:</b> ending of recipe <b>Timeframe:</b> 2:19-3:21 <b>Storyboard/Scripting: (media/images/notes):</b> " When your chex cereal mix is evenly coated, you will set it aside and put 2 cups of powdered sugar into a gallon-size Ziploc bag. Add half of your Rice Chex mix and shake well until evenly incorporated. Once coated, slowly pour puppy chow onto a sheet of wax paper to allow any excess powdered sugar to fall Repeat this step once more, as shown."</p>
<p><b>Key Topic/Step 3:</b> final thoughts <b>Timeframe:</b>3:22-3:34 <b>Storyboard/Scripting (media/images/notes):</b> "This project connects to many FCS standards in areas of Early Childhood Education and Food Services. We hope this video inspires you to go make a treat with some children when providing childcare."</p>
<p><b>Summary/Ending</b> (summary of key learning, next steps for viewer, and call to action for viewer):</p> <p>We want to inspire anyone performing childcare to make puppy chow with the children</p>
<p><b>Application or Assessment of Learning:</b></p> <p>We learned how to create and edit our videos, voiceover, and add a slideshow, as well as time management and cooperation to make video and recipe.</p>
<p><b>Source</b> (If Applicable: cite any published or copyrighted materials used in this video):</p>



**Additional Notes:**